

## Yoga Fees

Welcome to Sangha Chi Yoga Studio & Healing Centre  
**FIRST CLASS is FREE**

### Single Class Price:

Adult	\$15.
Senior	\$12.
Adult Students	\$12.
Teenagers	\$ 5.

### PACKAGES:

Adults Package of:

5 classes =	\$65.	(savings of \$10.)
10 classes =	\$120.	(savings of \$30.)
20 classes =	\$200.	(savings of \$100.)

Students & Seniors Package of:

5 classes =	\$55.	(savings of \$5.)
10 classes =	\$100.	(savings of \$20.)
20 classes =	\$180.	(savings of \$60.)

Meditation & Chanting \$10.

## The Art of Healing



**Jan McComb** CR, R.E.H.P., RM., CYT  
 Certified Holistic Energy Practitioner

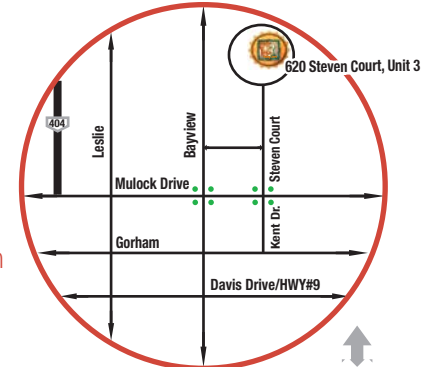
**289-231-4778**  
**905-953-9240**

[info@sanghachiyoga.com](mailto:info@sanghachiyoga.com)

available by appointment

# Sangha Chi Yoga Studio Healing Centre

Hatha Yoga  
 Healing Hatha Yoga  
 Meditation



*Yoga for health and happiness*



Registration ongoing

Yoga information call Jan - 289-231-4778  
 Judo information call Rich - 289-231-4738  
 Unity information call - 905-830-0331

620 Steven Court, Unit #3  
 Newmarket, Ontario L3Y 6Z2

t: 289-231-4778

e: [info@sanghachiyoga.com](mailto:info@sanghachiyoga.com)

w: [www.sanghachiyoga.com](http://www.sanghachiyoga.com)



# Sangha Chi Yoga Studio & Healing Centre

Strength & Calm with a Joyful twist!

*Yoga for Health and Happiness*

## Winter Schedule 2011-12

*please call to pre-register*



Newmarket Budokan Judo Club  
Tel: 289-231-4738 • www.newmarketbudokan.com

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		10:00 am - 11:30 am Healing Hatha Yoga with Meditation (all levels) (call to pre-register)	<b>WORKSHOPS &amp; RETREATS</b>  TBA	10:00 am - 11:30 am Healing Hatha Yoga with Meditation (all levels) (call to pre-register)	8:30 am - 10:00 am Healing Hatha Yoga with Meditation (all levels) (call to pre-register)
6:00 pm - 6:45 pm Junior Dog Pack JUDO 6 - 8 years		6:00 pm - 6:45 pm Junior Dog Pack JUDO		4:30 pm - 6:00 pm Hatha Yoga (all levels) with Meditation (call to pre-register)	6:00 pm - 6:45 pm Junior Dog Pack JUDO
7:00 pm - 8:00 pm Intermediate JUDO 9 - 15 years	7:00 pm - 8:30 pm Hatha Yoga (all levels) with Meditation (call to pre-register)	7:00 pm - 8:00 pm Intermediate JUDO		7:00 pm - 8:00 pm Intermediate JUDO	Unity Gathering 10:30 am Call 905-830-0331 www.unityspiritualcentre.ca
8:00 pm - 9:30 pm Adult JUDO 16 years and up		8:00 pm - 9:30 pm Adult JUDO		8:00 pm - 9:30 pm Adult JUDO	

Scheduled changes for cancellation of classes & long weekend holidays will be posted in the studio and on the website.

Scheduled closures: We are opened Thanksgiving Saturday, Oct. 8th 8:30 am for class.

Closed Sat., December 24th to December 26th - open Tues., Dec. 27th for 7pm class. Closed Sat., December 31st to January 2nd, 2012 - open Tues., Jan. 3rd. for 7pm class

For Saturday cancellations, only registered students will be notified.

*Namaste* ☸

620 Steven Court, Unit #3, Newmarket, Ontario L3Y 6Z2 • Tel: 289-231-4778 • Website: www.sanghachiyoga.com